

Sedation Points: The son points

The sedation point is selected as follows:

1. Find meridian corresponding to organ involved in pathology
2. Find the following “son” meridian/element
3. Find the corresponding Shu point on the “son” element
4. Transfer selected Shu point on the meridian involved in pathology

MERIDIAN	POINT
LU	LU 5
SP	SP 5
HT	HT 7
KI	KI 1
PC	PC 7
LR	LR 8

MERIDIAN	JING (WOOD)	YING (FIRE)	SHU (EARTH)	KING (METAL)	HE (WATER)
LU	LU 11	LU 10	LU 9	LU 8	LU 5
SP	SP 1	SP 2	SP 3	SP 5	SP 9
HT	HT 9	HT 8	HT 7	HT 4	HT 3
KI	KI 1	KI 2	KI 3	KI 7	KI 10
PC	PC 9	PC 8	PC 7	PC 5	PC 3
LR	LR 1	LR 2	LR 3	LR 4	LR 8